

Third biannual International Pain Congress

18
accreditation
points



April 12-14, 2012
Middelburg, the Netherlands

Erasmus MC
Universitair Medisch Centrum Rotterdam
Erasmus

PIJNCENTRUM
Zuidwest-Nederland

Introduction

Dear colleague, dear pain care provider,

On behalf of the “Centrum voor Pijn geneeskunde” of the Erasmus University MC and “Pijn centrum Zuidwest Nederland” we would like to invite you to our third biannual international pain congress, held in the beautiful city of Middelburg, The Netherlands.

Many (inter)national speakers will participate in this three-day multidisciplinary congress on pain management, focussing on many aspects of (interventional) pain treatment. Besides the plenary programme delegates from many specialties can participate in refresher courses, workshops and masterclasses. Special attention is paid towards the burden of low back pain.

During the congress it's possible to participate in the workshop “Ultrasound for pain medicine”, directed by Dr. Peng, associate professor at Toronto Western Hospital; a unique course in The Netherlands providing you with up to date knowledge for performing several interventional pain procedures using echography instead of x-ray or a blind technique.

This congress gives all practitioners of pain medicine a large amount of knowledge for treating their patients, served in a wonderful location with a relaxing atmosphere.

Hoping to see you at the international pain congress,

Best regards,



Frank Huygen



David van den Tol



Kenneth van Tilburg



Reinier Goosens



For scientific matters

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For organisational matters

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Congress & Meeting Services Holland
PO Box 18
5298 ZG Liempde
The Netherlands

Tel: 0031 411 611199

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E-mail: info@congressservice.nl

Venue

Van der Valk Hotel Middelburg
Paukenweg 3
4337 WH Middelburg
The Netherlands
www.vandervalkmiddelburg.nl

Target audience

Anesthesiologist-pain specialists
Pain nurses
Anesthesiologists
Neurologists
Neurosurgeons
Orthopaedic surgeons
Family doctors / primary physicians
Physiotherapists
Rehabilitation physicians

Language

English is the official language of the meeting.

Scientific Programme

Chairman: Geoff Watts

Day 1 (April 12th 2012) : refresher courses and updates

| Time | Subject |
|-------|--|
| 09:00 | Principles of epidural electrostimulation (<i>F. Huygen, The Netherlands</i>) |
| 09:30 | Pain in neonates & children (<i>M. van Dijk & S. de Wildt, The Netherlands</i>) |
| 10:00 | Evidence based medicine for treating chronic pain (<i>M. van Tulder, The Netherlands</i>) |
| 10:30 | Break |
| 11:00 | Setting up a pain management centre (<i>V. Hoffmann, The Netherlands</i>) |
| 11:30 | Ozon nucleolysis (<i>W. Ilias, Austria</i>) |
| 12:00 | Vertebral augmentation procedures (<i>J. van Meirhaeghe, Belgium</i>) |
| 12:30 | Lunch |
| 12:30 | Lunch symposium Astellas (The mode of action of Qutenza – <i>T.R. Tölle, Germany</i>) |
| 13:30 | Degenerative spinal disease (<i>A. Fabrizi, Italy</i>) |
| 14:00 | Sphenopalatine & trigeminal neuralgia (<i>M. Ferrari, The Netherlands</i>) |
| 14:30 | Principles of intrathecal drug delivery systems (<i>S. Eldabe, United Kingdom</i>) |
| 15:00 | Break |
| 15:30 | Social event 'Visiting old City Hall Middelburg' (only possible on pre-registration, end 17:30 o'clock) |
| 15:30 | Drugs used for intrathecal drug delivery systems (<i>W. Ilias, Austria</i>) |
| 16:00 | Monoradicular lumbosacral syndrome – to be or not to be? (<i>G. Groen, The Netherlands</i>) |
| 16:30 | Cluster headache (<i>M. Ferrari, The Netherlands</i>) |
| 17:00 | (Painful) diabetic polyneuropathy (<i>Th.B. Twickler, The Netherlands</i>) |
| 17:30 | End |
| 18:00 | Welcome reception |

Day 1 (April 12th 2012) : low back pain workshop

| Time | Low back pain workshop |
|-------|--|
| 11:00 | The burden of low back pain (<i>M. van Tulder, The Netherlands</i>) |
| 11:30 | Making a diagnosis (<i>K. van Tilburg, The Netherlands</i>) |
| 12:00 | Multidisciplinary approach versus brief intervention (<i>C. Jensen, Denmark</i>) |
| 12:30 | Lunch |
| 12:30 | Lunch symposium Astellas (The mode of action of Qutenza – <i>T.R. Tölle, Germany</i>) |
| 13:30 | Conservative care & current guidelines on low back pain (<i>B. Koes, The Netherlands</i>) |
| 14:00 | Evidence based medicine concerning low back pain treatment (<i>M. van Tulder, The Netherlands</i>) |
| 14:30 | Pharmacologic management of chronic low back pain (<i>V. Hoffmann, The Netherlands</i>) |
| 15:00 | Break |
| 15:30 | Minimally invasive procedures for chronic low back pain (<i>P. Mavrocordatos, Switzerland</i>) |
| 16:00 | Spine surgery for chronic low back pain (<i>E. Hoebink, The Netherlands</i>) |
| 16:30 | Break |
| 17:00 | Return to work (<i>C. Jensen, Denmark</i>) |
| 17:30 | Scientific research & new developments (<i>F. Huygen, The Netherlands</i>) |
| 18:00 | End |
| 18:00 | Welcome reception |

Scientific Programme

Day 2 (April 13th 2012) : pain relief procedures

| Time | Plenary programme | Ultrasound course | Workshops (interactive) | Masterclasses (interactive) |
|-------|---|-------------------|---|--|
| 07:30 | Breakfast symposium St. Jude Medical (High frequency stimulation for Complex Regional Pain Syndrome – <i>F. Huygen, The Netherlands & D. De Ridder, Belgium</i>) | | | |
| 08:45 | Opening remarks <i>(K. van Tilburg, The Netherlands)</i> | | | |
| 09:00 | Pain & health insurance companies - vision on the future <i>(B. Boer, The Netherlands)</i> | | | |
| 09:30 | Pain & medicine - vision on the future <i>(F. Wille, The Netherlands)</i> | | | |
| 10:00 | Evidence based pain medicine <i>(F. Huygen, The Netherlands)</i> | | | |
| 10:30 | Break | | | |
| 11:00 | Musculoskeletal blocks for pain relief <i>(M. Hurdle, United States of America)</i> | | Coccygodynia – (differential) diagnosis & treatment <i>TBA</i> | Discogenic pain – diagnosis & treatment <i>J-W. Kallewaard, The Netherlands</i> |
| 11:30 | SI joint pain <i>(S. Cohen, United States of America)</i> | | | |
| 12:00 | (Minimally) invasive surgical techniques for painful cervical degenerative disease <i>(A. Fabrizi, Italy)</i> | | | |
| 12:30 | Lunch | | | |

| Time | Plenary programme | Ultrasound course | Workshops (interactive) | Masterclasses (interactive) |
|-------------|---|--------------------------|--|--|
| 13:30 | Acute pain management <i>(V. Hoffmann, The Netherlands)</i> | | Optimizing pain management in neonates & children <i>M. van Dijk & S. de Wildt, The Netherlands</i> | Complex Regional Pain Syndrome – diagnosis & treatment <i>F. Huygen, The Netherlands</i> |
| 14:00 | Cancer pain management <i>(K. Vissers, The Netherlands)</i> | | | |
| 14:30 | Treatment strategies for postherpetic neuralgia <i>(A. van Wijck, The Netherlands)</i> | | | |
| 15:00 | Break | | | |
| 15:30 | Update on vertebral augmentation procedures <i>(J. van Meirhaeghe, Belgium)</i> | | Palliative care of advanced cancer patients <i>P. Mavrocordatos, Switzerland K. Vissers, The Netherlands O. Soyannwo, Nigeria</i> | SI joint pain, phantom limb pain & pain from traumatic plexus lesions <i>S. Cohen, United States of America</i> |
| 16:00 | Interspinous devices for painful lumbar spinal degenerative disease <i>(A. Fabrizi, Italy)</i> | | | |
| 16:30 | Lumbar spinal fusion: an overview <i>(E. Hoebink, The Netherlands)</i> | | | |
| 17:00 | Discussion <i>(all the faculty)</i> | | | |
| 17:30 | Adjournment | | | |
| 19:00 | Congress dinner | | | |
| Time | Evening lectures | | | |
| 20:00 | Pain management in developing countries <i>(O. Soyannwo, Nigeria)</i> | | | |
| 21:15 | Putting things in perspective between developing and developed countries <i>(O. Soyannwo, Nigeria)</i> | | | |

Scientific Programme

Day 3 (April 14th 2012) : pain relief procedures & neuromodulation

| Time | Plenary programme | Ultrasound course | Workshops (interactive) | Masterclasses (interactive) |
|-------|--|-------------------|--|--|
| 07:30 | Breakfast | | | |
| 08:30 | Evidence based neuromodulation <i>(R. Levy, United States of America)</i> | | Herpes zoster acuta & postherpetic neuralgia <i>A. van Wijck, The Netherlands</i> | Neurostimulation for refractory angina pectoris <i>M. de Jongste, The Netherlands</i> |
| 09:00 | Peripheral neuro-modulation <i>(D. O'Keeffe, Ireland)</i> | | | |
| 09:30 | SCS for Failed Back Surgery Syndrome <i>(J-P. Van Buyten, Belgium)</i> | | | |
| 10:00 | Celiac plexus and splanchnic nerve stimulation <i>(T. Goroszeniuk, United Kingdom)</i> | | | |
| 10:30 | Break | | | |
| 11:00 | High frequency stimulation <i>(D. O'Keeffe, Ireland)</i> | | Spinal high-resolution imaging as a training tool in pain medicine <i>G. Groen, The Netherlands</i> | Troubleshooting for electrostimulation and IDDS <i>J-P. Van Buyten, Belgium</i> |
| 11:30 | Occipital & maxillar neuromodulation <i>(W. Ilias, Austria)</i> | | | |
| 12:00 | Spinal nerve root stimulation for postherpetic neuralgia <i>(A. van Wijck, The Netherlands)</i> | | | |
| 12:30 | Lunch | | | |

| Time | Plenary programme | Ultrasound course | Workshops (interactive) | Masterclasses (interactive) |
|-------------|--|--------------------------|---|---|
| 13:30 | External neuro-modulation <i>(S. Kothari, United Kingdom)</i> | | (Stimulation for painful diabetic polyneuropathy <i>Th.B. Twickler & E. Joosten, The Netherlands</i>) | Interventional treatments in chronic spinal pain – a critical reappraisal <i>G. Groen, The Netherlands</i> |
| 14:00 | Motor cortex stimulation <i>(R. Levy, United States of America)</i> | | | |
| 14:30 | Neurostimulation for refractory angina pectoris <i>(M. de Jongste, The Netherlands)</i> | | | |
| 15:00 | Break | | | |
| 15:30 | Intrathecal drug regimen for refractory pain <i>(S. Eldabe, United Kingdom)</i> | | Pre-implant Neuromodulation Programme <i>Pain team Guy's & St. Thomas hospital, United Kingdom</i> | DRG neuromodulation <i>R. Levy, United States of America</i> |
| 16:00 | Neurostimulation for headache syndromes <i>(J-P. Van Buyten, Belgium)</i> | | | |
| 16:30 | Complications of neuromodulation <i>(S. Eldabe, United Kingdom)</i> | | | |
| 17:00 | Discussion (all the faculty) | | | |
| 17:30 | End | | | |

The scientific programme, this brochure and further information can also be found on our websites www.minder-pijn.nl and www.pijn-weg.nl.

Workshop ultrasound for pain medicine

Course director: P. Peng, MD, FRCPC

This is a 2-day intensive ultrasound hands-on workshop offered to physicians who wish to learn ultrasound guided nerve block procedures for chronic pain management. At the end of this introductory course, participants would have acquired a thorough knowledge of ultrasound imaging and needling techniques for chronic block procedures.

Prerequisite

Prior experience with some basic chronic pain block procedures and ultrasound-guided technical skills is an asset but not mandatory. Participants with no experience in ultrasound are required to participate in a basic workshop.

Course description

The course will cover a number of selected nerve block procedures for chronic pain management involving neuraxial, peripheral nerve and soft tissue structures.

They are:

1. Ilioinguinal, iliohypogastric nerve injection
2. Intercostal nerve block
3. Suprascapular nerve injection
4. Piriformis muscle injection
5. Cervical sympathetic (stellate ganglion) block
6. Lumbosacral and caudal spine imaging and injection
7. Ultrasound guided Musculoskeletal injection

Day 2 (April 13th 2012)

- | | |
|-------------|--|
| 11:00-11:15 | Introduction and Pre-test - <i>Dr. Philip Peng</i> |
| 11:15-12:00 | Sonoanatomy overview: peripheral and axial structures <i>Interactive lectures with live model demonstration</i> |
| 12:00-12:30 | Ilioinguinal and intercostal nerve block |
| 12:30-13:30 | Lunch |
| 13:30-14:10 | Stellate ganglion and suprascapular nerve block |
| 14:10-14:30 | Pudendal/piriformis block |
| 14:30-15:10 | Lumbar facet and caudal |
| 15:10-15:30 | Break |
| 15:30-16:00 | Musculoskeletal-Shoulder |
| 16:00-16:30 | Musculoskeletal-Hip and Knee |
| 16:30-16:45 | Question and Answer |
| 16:45-17:00 | Post-test |

Day 3 (April 14th 2012)

- 08:30-09:45 **Optional Basic Ultrasound workshop**
08:30-09:00 ABC's of Ultrasound Scanning – *Dr. Philip Peng*
09:00-09:45 Practice on Phantoms and live models
09:45-10:00 Break

Hands-on Workshops

- 10:00-11:45 Stations 1-5 (scanning live model)
10:45-11:30 Stations 1-5 (scanning live model)
11:30-11:45 Break
11:45-12:30 Stations 1-5 (scanning live model)
12:30-13:30 Lunch
13:30-14:15 Stations 1-5 (scanning live model)
14:15-15:00 Stations 1-5 (free scanning live model)
15:00-15:20 Break
15:20-16:00 Stations 1-5 (free scanning and practice on live model)
16:00 End

Station 1: Piriformis, suprascapular N, intercostals N injection

Station 2: Musculoskeletal block (hip & knee)

Station 3: Cervical sympathetic block and ilioinguinal/iliohypogastric N

Station 4: Lumbar facet and caudal canal injection

Station 5: Musculoskeletal block (shoulder)

Faculty

Dr. Philip Peng, Anesthesiologist, Toronto Western Hospital, Toronto, Canada

Dr. Mark-Friedrich Hurdle, Physical Medicine & Rehabilitation, Mayo Clinic, Rochester, USA

Dr. Atchia Ismael, Consultant Rheumatologist, North Umbria, NHS, UK

Dr. Urs Eichenberger, Anesthesiologist, Bern, Switzerland

Dr. Massimo Allegri, Italy

Dr. Anuj Bhatia, Anesthesiologist, Toronto Western Hospital, Toronto, Canada

Accreditation

The Dutch Society of Anesthesiologists (NVA) and Dutch Society of Neurologists (NVN) have appointed a total of 18 points (6 points per day), the Dutch Orthopaedic Association (NOV) have appointed a total of 6 points (3 points for day 1 and 3 for day 2). Accreditation will be requested for family doctors / primary physicians, pain nurses, rehabilitation physicians (VRA) and physiotherapists.

Congress registration fee (€, per person)

Participants register online at: www.minder-pijn.nl and www.pijn-weg.nl.
Registration fees are in Euro's and include a programme, welcome reception, coffee, tea and lunches during the conference.

Congress registration fee (€, per person)

| | Before/on march 1, 2012 | Before april 12, 2012 | On-site |
|--|----------------------------|--------------------------|---------|
| Physician, 1 day | 225 | 275 | 325 |
| Physician, all days | 350 | 400 | 500 |
| Nurses / students, 1 day | 100 | 125 | 150 |
| Nurses / students, all days | 150 | 175 | 200 |
| Other, 1 day | 150 | 200 | 250 |
| Other, all days | 225 | 275 | 325 |
| Congress dinner (same price for partner) | 40 | 40 | 40 |

Refresher courses, workshops & masterclasses (€, per person)

| | Price per person |
|--|-----------------------|
| <i>Ultrasound for pain medicine (two day course)</i> | 600 |
| <i>Masterclass (limited access)</i> | 30 per Masterclass |
| <i>Workshop (except low back pain workshop)</i> | 20 per Workshop |
| <i>Low back pain workshop</i> | 50 |

Hotel registration fee (€, per person, per night)

| Room type | Price per night |
|--------------------------------|-----------------|
| Comfort room single occupation | 150 |
| Comfort room double occupation | 75 per person |

Please note limited rooms are available in van de Valk Middelburg. When all the rooms in Middelburg are booked you can book a room in van de Valk Goes www.valk.com/goes.

Payment details & cancellation

Payment details

Congress & Meeting Services Holland

Bank account: CMSH, Rabobank, Markt 19, St. Oedenrode, NL no. 11.48.64.195, with reference 'Third biannual international pain congress', stating your full name.

Swiftcode: RABONL2U IBAN no. NL29 RABO 0114864195

Cancelations

Cancellations must be made by writing to the Secretariat for Organisational Matters. In case of cancellation before **February 10, 2012**, the registration fee will be refunded minus administration costs of € 50. After that date, reimbursement will not be possible.

Website

Information on the Third biannual pain congress can also be found on our website:

www.minder-pijn.nl and www.pijn-weg.nl.

Important deadlines

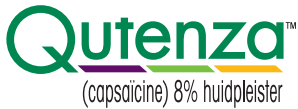
The completed registration form should be send to the Secretariat for Organisational matters via the website. The deadline for early registration is **March 1st, 2012**. Late registration is possible as long as rooms are available, up to **April 12th, 2012**.

The registration fee should be paid **before March 10th, 2012 for early registration** and **before April 8th, 2012 for late registration**.

Sponsors

In conjunction with this conference there will be the possibility for commercial exhibition to present their products and services to the expected specialists, who will participate in the conference. Please contact info@congressservice.nl for further information on sponsoring and exhibition.

Head Sponsors



Main Sponsors

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